

RED DRESS DASH...

In Support of Women's Heart Health



American Heart Association
Learn and Live

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Throw on your favorite (or not so favorite) **red dress** over your winter clothing and Dash to the State Capitol in support of women's heart health! It doesn't matter if you're a man or a woman, we need your support in helping raise awareness for our No. 1 killer – heart disease.

Date: Thursday, February 4
Time: 6:00 pm
Meeting Place: Monona Terrace Lobby
Dash Begins: 6:30 pm on the corner of Martin Luther King Blvd. and Wilson Rd.

The first 100 participants to complete the 2-block dash from the corner of Martin Luther King Blvd and Wilson St. to Main St. will receive a free goodie bag and Go Red For Women t-shirt.

Celebrate your dash at Brocach Irish Pub with **FREE** appetizers, hot beverages, soft drinks and other specials. There is no cost to participate in this event.

For more information on American Heart Month activities in Madison visit www.uwhealth.org/GoRed or facebook.com/GoRedMadison